High Frequency Words List

The list below includes 300 high-frequency words from the UK government's phonics guidance booklet, Letters and Sounds*. The words are listed in order of frequency.

1. the	21. that
2. and	22. with
3. a	23. all
4 . to	24. we
5. said	25. can
6. in	26. are
7. he	27. up
8. I	28. had
9. of	29. my
10. it	30. her
11. was	31. what
12. you	32. there
13. they	33. out
14. on	34. this
15. she	35. have
16. is	36. went
17. for	37. be
18. at	38. like
19. his	39. some
20. but	40. so

41. not 42. then 43. were 44. go 45. little 46. as 47. no 48. mum 49. one 50. them 51. do 52. me 53. down 54. dad 55. big 56. when 57. iťs 58. see 59. looked 60. very

61. look 62. don't 63. come 64. will 65. into 66. back 67. from 68. children 69. him 70. Mr 71. get 72. just 73. now 74. came 75. oh 76. about 77. got 78. their 79. people 80. your

81. put 82. could 83. house 84. old 85. too 86. by 87. day 88. made 89. time 90. ľm 91. if 92. help 93. Mrs 94. called 95. here 96. off 97. asked 98. saw 99. make 100. an

101. water 121. bear 102. away 122. can't 103. good 123. again 104. want 124. cat 105. over 125. long 106. how 126. things 127. new 107. did 128. after 108. man 109. going 129. wanted 110, where 130. eat 111. would 131. everyone 132. our 112. or 113. took 133. two 134. has 114. school 115. think 135. yes 116. home 136. play 117. who 137. take 118. didn't 138. thought 139. dog 119. ran 140. well 120. know

141. find 142. more 143. I'll 144. round 145. tree 146. magic 147. shouted 148. us 149. other 150. food 151. fox 152. through 153. way 154. been 155. stop 156. must 157. red 158. door **159.** right 160. sea

161. these 162. began 163. boy 164. animals 165. never 166. next 167. first 168. work 169. lots 170. need 171. that's 172. baby 173. fish 174. gave 175. mouse 176. something 177. bed 178. may 179. still 180. found

181. live 182. say 183. soon 184. night 185. narrator 186. small 187. car 188. couldn't 189. three 190. head 191. king 192. town 193. l've 194. around 195. every 196. garden 197. fast 198. only 199. many 200. laughed

High Frequency Words List

201. let's	221. fun
202. much	222. place
203. suddenly	223. mother
204. told	224. sat
205. another	225. boat
206. great	226. window
207. why	227. sleep
208. cried	228. feet
209. keep	229. morning
210. room	230. queen
211. last	231. each
212. jumped	232. book
213. because	233. its
213. because	233. its
214. even 215. am 216. before	234. green235. different236. let
217. gran	237. girl
218. clothes	238. which
219. tell	239. inside
220. key	240. run

241. any 242. under 243. hat 244. snow 245. air 246. trees 247. bad 248. tea 249. top 250. eyes 251. fell 252. friends 253. box 254. dark 255. grandad 256. there's 257. looking 258. end 259. than 260. best

261. better 281. lived 262. hot 282. birds 263. sun 283. duck 264. across 284. horse 265. gone 285. rabbit 266. hard 286. white 267. floppy 287. coming 268. really 288. he's 269. wind 289. river 270. wish 290. liked 291. giant 271. eggs 292. looks 272. once 293. use 273. please 274. thing 294. along 275. stopped 295. plants 276. ever 296. dragon 277. miss 297. pulled 298. we're 278. most 279. cold 299. fly 280. park 300. grow

*Department for Education and Skills (2007), Letters and sounds: principles and practice of high-quality phonics. Tables from: Masterson, J., Stuart, M., Dixon, M. and Lovejoy, S. (2003) Children's Printed Word Database: Economic and Social Research Council funded project, R00023406